

Weekend All Day.

House Favourites.

Sweet potato cakes, poached eggs, harissa dressing ^V 11.⁵⁰

Grind vegetarian breakfast, rich yolk eggs, hash browns, sweet potato cake, avocado, flat mushroom, baked beans, spinach, aubergine, sourdough toast ^{V, PBR} 16.⁵⁰

Wild mushrooms, hash browns, poached eggs, parmesan 14.—

Grind breakfast, rich yolk eggs, streaky bacon, roast tomato, hash browns, Cumberland sausages, baked beans, flat mushroom, sourdough toast 17.—

Eggs Royale, English muffin, smoked salmon, poached eggs, hollandaise 15.⁵⁰

Eggs Benedict, English muffin, shaved ham, poached eggs, hollandaise 15.—

Breakfast burrito, scrambled eggs, bacon, sausage, refried beans, spinach, peppers, hash browns, salsa madre 13.⁵⁰

One pan eggs, tomato, peppers, aubergine, spinach, poached eggs, chilli, yoghurt, sourdough toast ^{V, PBR} 13.⁵⁰

Buttermilk pancakes, whipped mascarpone, berry compote, maple syrup ^V 14.⁵⁰

Acai bowl, house peanut butter, banana, strawberry, mango, house granola, puffed rice ^{PB} 14.—

Thick-cut French toast, whipped vanilla ricotta, lemon curd, blueberry compote, basil, pistachio ^V 14.—

Avocado on toast, sourdough toast, sprouts, chilli ^{PB, GFR} 12.—

Add. eggs, bacon, feta 3.— / *smoked salmon* 4.⁵⁰

Chicken caesar salad, baby gem, croutons, anchovy, aged parmesan 16.⁵⁰

Add. poached egg 1.⁵⁰ / *avocado* 3.— / *smoked salmon* 4.⁵⁰

Miso-glazed salmon salad, green beans, peas, broad beans, cucumber, yuzu & sesame seed dressing ^{PBR} 17.—

Chicken club sandwich, streaky bacon, tomato, lettuce, buttermilk ranch dressing, skin-on fries 17.⁵⁰

Grind cheeseburger, dijonnaise, pickle, shallots, skin-on fries 17.⁵⁰

Add. fried egg 1.⁵⁰ / *bacon* 3.— / *avocado* 3.—

Buttermilk fried chicken burger, hot sauce, slaw, pickled jalapeño, skin-on fries 17.⁵⁰

Add. fried egg 1.⁵⁰ / *bacon* 3.— / *avocado* 3.—

Vegan cheeseburger, caramelised onion, pickle, skin-on fries ^{PB} 17.⁵⁰

Add. avocado 3.—

Grind breakfast burger, Cumberland sausage patty, bacon jam, burger cheese 8.⁵⁰

Add. fried egg 1.⁵⁰

Turkish eggs, confit garlic yoghurt, soft herbs, pumpkin & linseed chilli crunch ^V 10.⁵⁰

Add. beans, sourdough toast 2.⁵⁰ / *eggs, sweetcorn & courgette fritter, spinach, scrambled tofu, hash browns, bacon* 3.— / *halloumi, mushrooms* 3.⁵⁰ / *avocado* 4.— / *smoked salmon* 4.⁵⁰

Please let us know of any allergies before ordering.
Filtered still or sparkling water charged at £1 per guest.
Substitutions will be charged as additions.
Discretionary service of 13% will be added to your bill.
We are a cashless business so only cards accepted.
No laptops after 6pm.

PB - Plant-Based,
V - Vegetarian,
PBR - Plant-Based
on request,
GF - Gluten-Free.

All Day.



This paper is made from 100% recycled fibres.

Seasonal Specials

Roasted Hazelnut Latte	5. ¹⁰
Vanilla & Cinnamon Latte	5.—
Chocolate Orange Latte	5.—
Earl Grey & Ginger Matcha	5. ¹⁰
White Chocolate & Apricot Matcha	5.—
Salted Maple Hojicha	5. ²⁰
Make it iced	—. ⁴⁰

Coffee & Tea

Espresso	3. ²⁵
Macchiato	3. ⁵⁰
Cortado	3. ⁸⁰
Filter	3. ⁶⁰ / 3. ⁷⁰
Long Black	3. ⁶⁵ / 3. ⁸⁵
Flat White	4. ²⁵
Latte / Cappuccino	4. ³⁰ / 4. ⁶⁰
Mocha	4. ⁴⁰ / 4. ⁷⁰
Spanish Latte	4. ⁴⁰ / 4. ⁸⁰
Hot Chocolate	4. ³⁰ / 4. ⁶⁰
Matcha Latte	4. ⁴⁰ / 4. ⁸⁰
Chai Latte	4. ³⁰ / 4. ⁶⁰
Turmeric Latte	4.— / 4. ⁴⁰
Iced Black	3. ⁸⁰
Iced Latte	4. ⁵⁰
Iced Matcha	4. ⁷⁰
Iced Strawberry Matcha	5. ³⁰
Peach Iced Tea	4. ⁶⁰
Raspberry Iced Tea	4. ⁶⁰
Salted Caramel Frappé	5. ⁸⁰
Pistachio Matcha Frappé	6.—
Extras & Add Ons	
Alt milk. Oat/ Coconut/ Almond / Soy	Free
Extras. Vanilla / Caramel / Honey / Agave	—. ⁴⁰
Coffee shot / Matcha shot / Whipped cream	—. ⁵⁰
Collagen / Protein	1. ²⁰
Tea	3. ²⁰
Breakfast, Earl Grey, Green, Lemongrass, Peppermint, Chamomile	

Brunch Drinks

Bottomless Brunch.	28.—
90 minutes of as much as you can (responsibly) drink. Available in addition to any main dish on weekends until 4:30pm: Prosecco, mimosas, house wine or draught beer.	
Bellini	8.—
Mimosa	7. ⁵⁰
Grind Bloody Mary ^{Vegan}	9. ⁵⁰
Sarti Spritz	9. ⁵⁰
Breakfast Martini	9.—
42 Below vodka, orange, low sugar orange marmalade, orange blossom	
Rosé Iced Tea	8. ⁵⁰
Lillet Rosé, tea, strawberry shrub, lemon, Fever-Tree spring soda <i>Make it a spritz +1</i>	

Smoothies & Juices

Green Goddess Smoothie	6.—
Apple, spinach, mango, banana, lemon, kale, avocado, spirulina	
Citrus Sunrise Smoothie	6.—
Banana, apple, orange, lemon, ginger, turmeric, black pepper	
Berry Bliss Smoothie	6.—
Banana, apple, strawberry, blueberry, raspberry, lime	
Sweet Green Juice	5. ⁷⁵
Apple, cucumber, pineapple, spinach, kale, lime, ginger, spirulina	
Turmeric Glow Juice	5. ⁷⁵
Pineapple, pear, mango, passion fruit, turmeric	
Berry Boost Juice	5. ⁷⁵
Apple, strawberry, lemon, mint	
Fresh Orange Juice	5. ²⁵
Ginger Shot	3. ⁷⁵

Drinks.