# Weekend Brunch.

## House Favourites.

**Protein bowl,** green harissa, quinoa, sweet potato, poached eggs, avocado, spinach, cottage cheese V, PBR **14.—**

**Grind vegetarian breakfast,** rich yolk eggs, hash browns, sweet potato cake, avocado, flat mushroom, baked beans, spinach, aubergine, sourdough toast V, PBR **15.—**

**Grind breakfast,** rich yolk eggs, streaky bacon, roast tomato, hash browns, Cumberland sausages, baked beans, flat mushroom, sourdough toast **15.50**

**Steak, eggs & chips,** flat-iron steak, rich yolk eggs, skin-on fries, chimichurri **20.—**

**Eggs Royale,** English muffin, smoked salmon, poached eggs, hollandaise **13.50**

**Eggs Benedict,** English muffin, shaved ham, poached eggs, hollandaise **12.—**

**Smoked salmon & scrambled eggs,** cream cheese, sourdough toast **12.50**

**Almond porridge,** banana, house peanut butter, seeds, date molasses **7.—**

**Eggs on sourdough,** any style **7.—**

**One pan eggs,** tomato, peppers, aubergine, spinach, poached eggs, chilli, yoghurt, sourdough toast V, PBR **11.50**

**Breakfast burrito,** scrambled eggs, bacon, sausage, refried beans, spinach, peppers, hash brown, salsa madre **13.—**

**Buttermilk pancakes,** whipped mascarpone, berry compote, maple syrup V **13.50**

**Acai bowl,** house peanut butter, banana, strawberry, mango, house granola, puffed rice PB **13.—**

**Thick-cut French toast,** whipped vanilla ricotta, lemon curd, blueberry compote, basil, pistachio V **13.50**

**Avocado on toast,** sourdough toast, sprouts, chilli PB, GFR **11.50**
**Add.** *eggs, bacon, feta 3.— / smoked salmon 4.50*

**Grind breakfast burger,** Cumberland sausage patty, bacon jam, burger cheese **8.50**
**Add.** *fried egg 1.50*

**Chicken caesar salad,** baby gem, croutons, anchovy, aged parmesan **15.50**
**Add.** *poached egg 1.50 / avocado 3.- / smoked salmon 4.50*

**Miso-glazed salmon salad,** green beans, peas, broad beans, cucumber, yuzu & sesame seed dressing PBR **16.—**

**Chicken club sandwich,** streaky bacon, tomato, lettuce, buttermilk ranch dressing, skin-on fries **17.—**

**Grind cheeseburger,** dijonnaise, pickle, shallots, skin-on fries **17.—**
**Add.** *fried egg 1.50 / bacon 3.— / avocado 3.—*

**Buttermilk fried chicken burger,** hot sauce, slaw, pickled jalapeño, skin-on fries **17.—**
**Add.** *fried egg 1.50 / bacon 3.— / avocado 3.—*

**Sweet potato cakes,** poached eggs, harissa dressing V **11.50**

**400g Rib-eye steak,** skin-on fries, peppercorn sauce **33.—**

**Wild mushrooms,** hash browns, poached eggs, parmesan **14.—**

**Turkish eggs,** confit garlic yoghurt, soft herbs, pumpkin & linseed chilli crunch V **10.50**

## Sides.

Skin-on fries / House salad, green goddess / Sweet potato wedges, dukkah / Tenderstem Broccoli, salsa verde / Roast carrots, crispy chickpeas, tahini **6.—**

## Add.

beans, sourdough toast **2.50** / eggs, sweet, potato cake, spinach, scrambled tofu, hash browns, bacon **3.—** / halloumi, mushrooms **3.50** / avocado **4.—** / smoked salmon **4.50** / sausages **5.—** / chicken **6.—**

Please let us know of any allergies before ordering.
Filtered still or sparkling water charged at £1 per guest.
Substitutions will be charged as additions.
Discretionary service of 12.5% will be added to your bill.
We are a cashless business so only cards accepted.
No laptops after 6pm.

**PB** - Plant-Based,
**V** - Vegetarian,
**PBR** - Plant-Based on request,
**GF** - Gluten-Free.

This paper is made from 100% recycled fibres.

# Brunch.

## *Seasonal* Specials

| | | | |
|---|---|---|---|
| **Roasted Hazelnut Latte** | **5.10** | **White Chocolate & Apricot Matcha** | **5.–** |
| **Vanilla & Cinnamon Latte** | **5.–** | **Salted Maple Hojicha** | **5.20** |
| **Chocolate Orange Latte** | **5.–** | Make it iced | –.40 |
| **Earl Grey & Ginger Matcha** | **5.10** | | |

## Coffee & Tea

| | |
|---|---|
| **Espresso** | **3.20** |
| **Macchiato / Cortado** | **3.40** |
| **Filter** | **3.50 / 3.60** |
| **Long Black** | **3.55 / 3.75** |
| **Flat White** | **4.10** |
| **Latte / Cappuccino** | **4.20 / 4.50** |
| **Mocha** | **4.30 / 4.60** |
| **Spanish Latte** | **4.40 / 4.80** |
| **Hot Chocolate** | **4.20 / 4.50** |
| **Matcha Latte** | **4.20 / 4.60** |
| **Chai Latte** | **4.20 / 4.50** |
| **Turmeric Latte** | **3.95 / 4.40** |
| **Iced Black** | **3.70** |
| **Iced Latte** | **4.40** |
| **Iced Matcha** | **4.50** |
| **Iced Strawberry Matcha** | **5.30** |
| **Peach Iced Tea** | **4.60** |
| **Raspberry Iced Tea** | **4.60** |
| **Salted Caramel Frappé** | **5.80** |
| **Pistachio Matcha Frappé** | **5.80** |

### Extras & Add Ons

| | |
|---|---|
| **Alt milk.** Oat / Coconut / Almond / Soy | **Free** |
| **Extras.** Vanilla / Caramel / Honey / Agave | –.40 |
| Coffee shot / Matcha shot / Whipped cream | –.50 |
| Collagen / Protein | **1.20** |

**Tea** **3.–**
Breakfast, Earl Grey, Green,
Lemongrass, Peppermint, Chamomile

## Smoothies & Juices

**Fresh Homemade Smoothies** **8.–**
All garnished with a little coconut yoghurt.
*Add collagen or protein* ***+1***

**Golden Defence**
Mango, pineapple, banana, orange, ginger, turmeric, bee pollen

**Super Green**
Spinach, avocado, cucumber, mint, apple, lemon, Super Greens Blend

**Glow Getter**
Raspberry, strawberry, peach, apple, honey, acerola cherry

**Blue Boost**
Banana, blackberry, blueberry, almond milk, almond butter, blue spirulina, Seven Mushroom Blend

**PRESS Juices** **5.75**

**Sweet Green Juice**
Apple, cucumber, pineapple, spinach, kale, lime, ginger, spirulina

**Turmeric Glow Juice**
Pineapple, pear, mango, passion fruit, turmeric

**Berry Boost Juice**
Apple, strawberry, lemon, mint

| | |
|---|---|
| **Orange Juice** | **5.25** |
| **Apple Juice** | **5.25** |
| **Ginger Shot** | **3.75** |

# Drinks.